



SHE WOMEN'S MINISTRY MAGAZINE

December 2016



Inside this Issue

Message from SHE
Women's Ministry 3

Weapons of Our
Warfare Away Day 4

Testimony 18

Wake Up! 19

For thy maker
is thine husband... 23

Women's Ministry
Service 26

Be Still 27

Baby First Aid 29

Women's Health 30

Tithing 32

Multi Media Centre
Messages 33

Poem 35

Quiz etc 36

Resources 40

Sermons/Messages available...



Be Still



Psalm 46:10

...pause and reflect on the goodness of God.

(Page 27)

Do not be weary in well doing

Galatians 6:1-10

...We shall reap if we faint not.

(Page 34)

Get ready- the Lord is returning!

2 Peter 3

...Looking for and hasting unto the coming of the day of God.

(Page 34)



**S.H.E stands for Strength Honour and
Excellence, and is the name of our vibrant and empowering
Women's Ministry at
Vessels of Treasure Fellowship**

"Unveiling the Glory and Virtues of Women"

Welcome to our Women's Ministry Magazine

at Vessels of Treasure Fellowship

The Women's Ministry at Vessels of Treasure Fellowship has been active for over 10 years and has hosted a number of events and services and provided a number of resources to encourage and stir women into a deeper relationship and reverence for God.

We hope that the information and articles in this magazine will bless you, and that you will find the practical advice and wisdom useful.

The Women's Ministry department strives to edify and equip women in Christ to understand their role in church and the kingdom of God. However, amidst the fight in society for women to have equal rights, equal pay, equal job opportunities as men and many other social equalities, the women of the church have become somewhat caught in the fall out of what is a social desire and what the true purpose for women in Christ should be.

In God's eyes, we are all equal in terms of his love and salvation. But it would be foolhardy to expect that we should all be qualified to do roles quite righteously designated for men. There are exceptions in the bible where women judged or prophesied but they don't set a precedence overall.

Women are mightily used in the kingdom of God as long as they operate in humility, modesty, shamefacedness and sobriety. But proud women God will resist and know afar off. You will never achieve closeness to God when you are proud.

We hope that together we can achieve many fruitful things in the House of God.

God bless you, Evangelist Elizabeth Akinpelu
Women's Ministry Leader

Weapons of Our Warfare

Back in June 2014, the SHE Women's Ministry, Away Day entitled 'Weapons of our Warfare' took place. It was a day filled with Word, Prayer, Encouragement, Song, Dance, Poetry, Fellowship and much more...



Over the next few pages you can read some of the messages we heard on the day:

Prayer - Sister Tamika

Weapons of our Warfare - Sister Maureen

The Fast that God Chooses - Sister Sanchia

Warfare Poem - Sister Tsahai

Prayer by Sister Tamika

(WOMEN'S MINISTRY AWAY DAY—WEAPONS OF OUR WARFARE, JUNE 2014)



As we've been exhorted many times, almost every day that we're in church - prayer is the key. We have to be in communication with God. We have to let our thoughts be known unto God.

What is prayer? It is communication with God. Not just communication, but a spiritual communication with God. First of all, when we pray we must believe. It makes no sense if you're going to pray and have doubt. I do understand, it even happens to myself - we are in the flesh - sometimes when we pray we may experience feelings like "Oh, is this really going to happen? Can God really do this?" But we must try and keep such thoughts away from our mind when we pray. We must always believe that God is able to do exceedingly abundantly above all that we may ask or think [\(Ephesians 3:20\)](#)

When we come to God we must hide nothing - we can hide nothing from God anyway, so it doesn't make sense that we come and pray knowing we've got issues and not bringing that issue before God but praying for something else, when the root of the problem is the issue we've got with ourselves - without trying to make amends and saying "God listen, this is my fault, I'm asking for forgiveness, I'm prostrating before you Lord to let your will be done" and God will work from there. So we bring all our thoughts, our feelings, all our needs, we must put to God in faith.

When we pray, whatsoever we desire and believe, we shall receive. [Matthew 11:28](#) says: [Come unto me all ye that labour and are heavy laden and I will give you rest.](#) If we are heavy laden with anything at all. "This is heavy, this is on my heart, I'm struggling Lord with forgiveness, I'm struggling with this type of feeling." Bring it to Christ, bring it to God, and He will give us that help/deliverance/victory. That rest that we need, for our soul to be at peace, at ease and content.

If we look at [Psalm 32:5](#) it says: [I acknowledged my sin unto thee, and mine iniquity have I not hid. I said, I will confess my transgressions unto the Lord; and thou forgavest the iniquity of my sin. Selah.](#) If we come before Christ and give it all, God can do it and He will forgive us.

Psalm 18:6a: In my distress I called upon the LORD, and cried unto my God

It's most likely in our distress, when we are stressed or when we are in a tight spot, when our back is against the wall, we tend to go into deep prayer, tend to pray even more fervently. This is scriptural.

Psalm 30: 2 O LORD my God, I cried unto thee, and thou hast healed me. Whatever the situation is, we bring it unto God, whatever it may be.

Psalm 77:1 I cried unto God with my voice, even unto God with my voice; and he gave ear unto me. God will hear us. He will answer our prayer once we pray and once we believe nothing is impossible for God.

Psalm 94 :19 says: **In the multitude of my thoughts within me thy comforts delight my soul** - I always feel so refreshed and so renewed after prayer. I feel like a burden has been released off my shoulders. "Lord, I've laid down this weight from off my shoulders, I've come honestly before you." It's important to come honestly before Him. God sees our thoughts, knows everything. We can't say we've come honestly before you Lord, when we know we haven't come honestly before Him. He knows when we haven't come honestly before him. When you come honestly before God and just release it all and let God do the rest, you feel so refreshed and renewed in the spirit.

What does God say about prayer? 1 Thessalonians 5:17: Pray without ceasing...praying for 5 years nothing, praying for 10 years nothing, praying for 15 years nothing. Pray without ceasing. Even when you get the victory, you still have to pray for that victory, pray up, and keep it alive.

James 5:16b- The effectual fervent prayer of a righteous man availeth much.

Matthew 26:41a- Watch and pray that you may not enter into temptation.

Ephesians: 6:18 Pray always with all prayer and supplication...for all saints. So we don't only pray for ourselves, we pray for our brothers, sisters, neighbours, area, countries, everywhere. For the body of Christ.

Colossians 4:2: Continue in prayer and watchful in the same with thanksgiving. When we get a victory, we pray and keep that victory in prayer. Be watchful over that same particular victory. Thank God. Continue to thank Him. Even when you don't see the victory. You pray as if you've even got it already. You pray in faith. It's already happened, it's already done, so thank God before you've even seen it and it's really helpful to pray in faith, it's the only thing that's going to put your prayer (whatever you pray for) into manifestation.

In Luke 18:1, God says men always ought to pray and not faint – We should be praying at all times. It is a must.

What will God do when we pray? 2 Chronicles 7:14: If my people which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.

This is what you must do if you want your land to be healed. Land doesn't necessarily mean England, London, land can be in our mind. How we humble ourselves under the mighty hand of the Lord. Seek his face, turn from our wicked ways - turn from the backbiting, murmuring, being bitter, grudgeful against each other, why is that person that way and I'm not that way - turn from all those things. Live in love, live in unity. Even if you don't say something to a particular sister or brother God knows, you keep that person in prayer, keep that brother in prayer, carry everything to God, it's not easy, but it is achievable, it can be done, God says we can do it. In the flesh, it might take time, but through Christ we can do all things.

Here are some further scriptures on the promises of God:

Luke 11:9-13;

Jeremiah 29:12

1 John 5:14-15

James 5:13-18

1 John 3:22

James 5:13-18

John 14:13-16

Encourage women to be in a prayerful mind at all times, for family, friends and marriage, for your church

God bless you

Weaponry

(WOMEN'S MINISTRY AWAY DAY—WEAPONS OF OUR WARFARE, JUNE 2014)

Thou therefore endure hardness, as a good soldier of Jesus Christ. No man that warreth entangleth himself with the affairs of this life; that he may please him who hath chosen him to be a soldier.

2 Timothy 2:3

Every believer in Jesus Christ, has been chosen by Him, to be a soldier in His army.

As the Sincere Milk of the Word states, "*It is important to know we are in a war made up of many everyday battles - not a carnal war (2 Corinthians 10:4-5), but a spiritual war, which cannot be fought with bare fists (1 Corinthians 9:26)*")

This message is to encourage us that as women, we too are a crucial part of the army of Jesus Christ ~ we too have a duty to present ourselves as good soldiers of Jesus Christ...that we may please Him who hath chosen us to be a soldier...

We serve a mighty and awesome God who provides for our every need, and who has equipped us with all the weaponry we require to be victorious in this battle that we are engaged in. However, our victory is only assured if we understand how to use our weapons effectively!

This message is based on **Ephesians chapter 6** - which starts off in verses **1-9** with the Apostle Paul instructing the Church at Ephesus about how Christians are to function in various aspects of their Christian walk.

Then in **verse 10**, the theme changes and Paul begins to speak with a sense of urgency, about the fact that a war has been declared against the children of God, and there is only one way that we as Christians will be able to remain standing in this battle - and that is by putting on the whole armour of God.

Ephesians 6: 10-13

10 Finally, my brethren, be strong in the Lord, and in the power of his might.

11 Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.

12 For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

13 Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.

From **verse 14~18** Paul goes on to explain this armour in more detail - demonstrating exactly how we as Christians are to present ourselves in preparation for battle...

14 Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;

15 And your feet shod with the preparation of the gospel of peace;

16 Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.

17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God:

18 Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

Link between physical armoury and spiritual concepts

Because of the time Paul had spent imprisoned in Rome, he had the opportunity to observe the Roman soldiers and their armour to the extent that he became well acquainted with it. This gave him a good understanding of the purpose and function of each piece of armour.

As we can see from **Ephesians 6:10-18** - Paul has made a link between the items of physical armoury used by a soldier, and the spiritual concepts that apply to us in our Christian life - i.e. Truth, Righteousness, Peace, Faith, Salvation and the Word of God.

This highlights that just as soldiers need crucial pieces of equipment to protect them as they engage in physical warfare – we as Christians also need to be adequately equipped in a spiritual sense as we engage in spiritual warfare. “The whole armour of God” is the covering and protection we must clothe ourselves in, in order to be victorious in battle.

Preparation for Warfare

It is only when a soldier has a good understanding of the function of every piece of his armour, that he is able to use it effectively. A soldier who knows how to use his armour correctly is a) more likely to survive on the battlefield, and is b) a greater threat to the opposition.

Being unprepared for warfare makes you an easy target for the enemy

A soldier who doesn't have a good understanding of his armour, or who presents himself on the battlefield with only part of his armour on, is a soldier who is unprepared for war - and a soldier who is unprepared for war is an easy target for the opposing side because he has left himself exposed. But that is not our portion in Jesus name! We want to present ourselves as a strong and powerful force against the enemy's camp - as Philippians 1:28 says: **in nothing terrified by your adversaries: which is to them an evident token of perdition, but to you of salvation, and that of God.**

How to “war a good warfare”

Just as a soldier is trained to become skilful in the use of his physical weaponry - we too, through the word of God are able to become skilful in utilizing the weapons God has given us. We serve a mighty God who has not only provided us with a full armoury - he has also provided us with a full set of instructions relating to it. The bible tells us in **1 Timothy 1:18** to **War a good warfare** - and the only way we can do that is to learn how (according to the instructions God has given us).

Let us take a step by step look at all the different aspects of the armour of God. As we do this we will see that every item of armour is backed up with scriptures that show us it's all about Jesus!

Loins girt about with truth

Having our loins girt with truth is listed in **Ephesians 6:14** as the very first thing we should do in preparation for warfare. The term "girding of the loins" is a military term that means 'prepare for action', or 'prepare for war.'

When we read about the virtuous woman in **Proverbs 31:17** it says **She girdeth her loins with strength, and strengtheneth her arms** - which emphasises to us that although God says we as women must be of a meek and quiet spirit, humble, shamefaced etc - we must also be women who are prepared for warfare, ready for the battlefield, strong in the Lord and the power of His might, ready to fight the good fight of faith - because as previously mentioned, we too have a part to play as soldiers of Jesus Christ.

The term "girding of the loins" also refers to a belt or girdle that Roman soldiers used to hold their robes and weapons securely in place. Similarly, we are to gird our loins with truth - i.e. to secure ourselves with the truth of Jesus Christ because this is what holds together everything else in our Christian life. It is not only that Jesus has given us truth - but Jesus Christ Himself is truth.

John 14:6 - I am the way, the truth and the life

John 1:17 - Grace and truth came by Jesus Christ

1 Corinthians 11:10 - the truth of Christ

The Breastplate of righteousness

We are to have righteousness on us as a breastplate. A Breastplate is an item of armour that covers the vital organs such as the heart and the lungs. When we have righteousness on as a breastplate, this is how we are able to guard our hearts.

Proverbs 4:23 Keep thy heart with all diligence; for out of it are the issues of life.

Matthew 15:19 tells us that out of the heart proceed evil thoughts and its these things that defile us. This is what the enemy wants - for our hearts to be defiled - but having on our breastplate of righteousness is the covering and protection we need in order to keep our hearts with all diligence.

As we know, righteousness also points to Jesus himself because Jesus is righteousness.

Jeremiah 23:6 ...He shall be called the Lord our Righteousness.

Jeremiah 33:15 I will cause the Branch of righteousness to grow up unto David...

Isaiah 59:17 For he put on righteousness as a breastplate, and an helmet of salvation upon his head...

Our righteousness is of Jesus, therefore when we walk in righteousness this provides us with a breastplate – a covering that protects our hearts from every weapon formed against us.

Isaiah 54:17 No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgement thou shall condemn. This is the heritage of the servants of the LORD, and their righteousness is of me, saith the LORD.

Feet shod with the preparation of the gospel of peace

When it came to footwear, the focus of Roman soldiers was on having soles that were able to grip the ground securely. The enemy side would sometimes scatter sharp stones and rocks on the ground to slow the army down. A soldier who could maintain strong footing had great advantage during a battle.

Having our feet shod with the preparation of the gospel of peace means that we are able to stand firm and walk boldly because we are standing firmly on the foundation of the gospel of Jesus Christ.

Just as the enemy side scattered stones and rocks to slow the soldiers down, Satan puts obstacles and stumblingblocks in our way - but when our feet are shod with the preparation of the gospel of peace, we are able to overcome every stumblingblock, and can stand firmly because we have the power of the gospel of Jesus in us, which brings us peace because we have full assurance of the promises contained in it.

Not only has Jesus brought us peace through the gospel - He is peace Himself - **The Prince of Peace (Isaiah 9:6)**

Having our feet shod with the preparation of the gospel of peace is also crucial in terms of using our feet to carry the Gospel of Jesus Christ out into the world - spreading the gospel, winning souls to the kingdom of God - further building up the army of Jesus Christ.

When our feet are shod with preparation of the gospel of peace, Jesus gives us power over the enemy.

Luke 10:19 Behold, I give you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you.

Romans 16:20 And the God of peace shall bruise Satan under your feet shortly.

Taking the shield of faith

The type of shield the Roman soldiers carried was made of several layers of wood. The shield was one of the most critical parts of the Roman armour because it covered the rest of the armour, enabling the soldier to fend off blows that might batter the other parts of their armour.

Apparently one of the tactics of their opponents was to fire burning arrows at soldiers, which would set fire to the shield. To protect themselves from this ploy, the soldiers would soak their shields in water before going on the battlefield, so when the fiery arrow hit it, it was immediately quenched.

One of the areas the enemy most wants to attack is our faith, he knows if he can rob us of our faith then we can be defeated - but when we soak ourselves in the blood of Jesus, our faith remains intact and we are able to quench every fiery dart the enemy throws at us.

...This is the victory that overcometh the world, even our faith. 1 John 5:4

The helmet of salvation

The helmet is another very key component of the soldier's armour - protecting the head from heavy blows. A wound in the head is a serious wound which affects the whole body. If you compromise with the head, you compromise with your life.

The head represents the mind, and the mind is another key area the enemy wants to attack. He wants to rob us of our soundness of mind, to make us feel discouraged and fearful, he basically wants us to give up and turn away from God. But when we have our helmet of salvation firmly in place we push through because we are confident in the God of our salvation. We are confident of the hope we have in us, we are confident that the promises of God are sure, we are confident of the glory to come, so we know we have no need to fear.

Behold, God is my salvation; I will trust and not be afraid: for the LORD JEHOVAH is my strength and my song, he also is become my salvation.... Isaiah 12:2

The sword of the spirit

The sword is a crucial and powerful part of our armour. So far, all other parts of the armour of God are defensive weapons, but the sword of the spirit - (which is the Word of God) is an offensive weapon. **Hebrews 4:12 For the word of God is quick, and powerful, and sharper than any twoedged sword...**

When soldiers use a sword, they use it to attack something that is close by - an immediate threat that needs to be cut down. We too have to use the sword of the spirit to pull down anything that is a danger to us in our spiritual life... as 2 Corinthians 10:5 says: **...The weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds; Casting down imaginations and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ.**

The Word of God is a powerful weapon - when we speak with authority according to the word of God, no power can withstand it - and the reason why - because as **John 1** tells us - the Word is Jesus Christ himself.

We are mightily blessed. We're not fighting alone but we're fighting in the name of Jesus, and in Jesus we have the most powerful weaponry. Let us continue to fight the good fight of faith, safe in the knowledge that as we're covered with the blood of Jesus, we have victory already in Jesus mighty name. Amen!

You can also read more about the war we as believers are engaged in - in:

1 Peter 5:8-9

2 Corinthians 10:3-5

1 Timothy 1:18

2 Timothy 2:3

FASTING: A WEAPON OF OUR WARFARE

(WOMEN'S MINISTRY AWAY DAY—WEAPONS OF OUR WARFARE, JUNE 2014)



By

Sister Sanchia

**The Fast that God Chooses
SHE Women's Away Day**

How do we *approximate our lives to the fast that God has chosen? *resemble; match; fit; correspond with; tally; agree; equal; 'be' - The true life of fasting.

Could it indeed be that Fasting is in actual fact, a (type) of life? Let us explore.

GENERALLY

We understand fasting to be the voluntary abstinence from food, drink and pleasurable things.

Absolute/dry; Water only or Partial.

Predominantly taken over half a day, a day, or 2-3 days.

HISTORICALLY

Abraham – Genesis 18:16-19 Note: For the life that Abraham lived, his character and integrity, more specifically, the ways of the Lord he kept, he would be rewarded.

Jacob, Nehemiah, Esther, Ruth, Deborah, and Daniel in the Bible

To appease God

[Judges 20:26](#) Then all the children of Israel, and all the people, went up, and came unto the house of God, and wept, and sat there before the LORD, and fasted that day until even, and offered burnt offerings and peace offerings before the LORD.

In repentance

[1 Samuel 7:6](#) And they gathered together to Mizpeh, and drew water, and poured *it* out before the LORD, and fasted on that day, and said there, We have sinned against the LORD. And Samuel judged the children of Israel in Mizpeh.

In seeking God

[2 Samuel 12:22](#) And he said, While the child was yet alive, I fasted and wept: for I said, Who can tell *whether* GOD will be gracious to me, that the child may live?

To intreat God (i.e. to ask earnestly; to make an earnest request or petition to God)

[Ezra 8:23](#) So we fasted and besought our God for this: and he was intreated of us.

In mourning

[Nehemiah 1:4](#) And it came to pass, when I heard these words, that I sat down and wept, and mourned *certain* days, and fasted, and prayed before the God of heaven.

So many of our biblical examples – not forgetting Moses and Jesus, who both fasted 40 days and 40 nights – Moses twice! And of course, we see, especially in the books of Acts, that fasting was not just an O.T. practice, as our apostles fasted and still do today, as we do today?

[Matthew 4:2](#) And when he had fasted forty days and forty nights, he was afterward an hungred.

[Acts 13:2](#) As they ministered to the Lord, and fasted, the Holy Ghost said, Separate me Barnabas and Saul for the work whereunto I have called them.

[Acts 13:3](#) And when they had fasted and prayed, and laid *their* hands on them, they sent *them* away.

The Feigned Fast

Isaiah 58:3 Wherefore have we fasted, *say they*, and thou seest not? *wherefore* have we afflicted our soul, and thou takest no knowledge? Behold, in the day of your fast ye find pleasure, and exact all your labours.

Zechariah 7:5 Speak unto all the people of the land, and to the priests, saying, When ye fasted and mourned in the fifth and seventh *month*, even those seventy years, did ye at all fast unto me, *even* to me?

Matthew 6:17 But thou, when thou fastest, anoint thine head, and wash thy face; That thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly.

CARNALLY

(According to man's surmising)

"Oh I've not had breakfast today; in fact it's almost 4.0'clock; you might as well say I've fasted".

"Oh, I'm not really feeling like eating today, so I'm just gonna fast."

"Oh no I don't eat meat anymore, I'm fasting from that."

In fact, just a couple of days ago, Rebecca said to me "Mummy, when we're sleeping, it's like we're fasting, so when we wake up we have our 'break fast'!"

Examples of statements, thoughts, attitudes that have undermined/cause to lack substance and meaning, the true reason for, intentions behind, motives for, fasting!

BIBLICAL/SPIRITUAL FASTING

The fast that God chooses deals essentially with such mindsets; it deals with our actions towards one another and more specifically our love for God. It deals with our lives and I don't know of anything that so greatly declares this, as the passage of scripture – Isaiah 58

RELATING SCRIPTURES

Isaiah 59 – sin separates

Isaiah 60 – God's glory ought to be seen upon us

Matthew 6 - Alms in secret esp., v33 seek kingdom and righteousness first & Ch. 7 – answered prayers

Ephesians 4:22 – Put off the old man

Colossians 3 - Christian adornment (true sackcloth and ashes)

Sackcloth and ashes (not feigned) Jeremiah 6:26 & Daniel 9:3; John 3:6

Our lives should show a continuous pattern of fasting - (taken from the Sincere Milk of The Word).

Warfare by Sister Tsahai

(WOMEN'S MINISTRY AWAY DAY—WEAPONS OF OUR WARFARE, JUNE 2014)



Weapons are instruments used to attack
Defend from all angles and to fight back
Knives, grenades and rifles to name but a few
But what do these things have to do with me and you

As Christians, we're on the front line of a battle so fierce
But is it really the flesh that the adversary wants to pierce
There is indeed an armour that we're instructed to wear
what it consists of, you're about to hear

The breastplate of righteousness, a helmet of salvation
Feet shod with the gospel of peace as preparation
Loins girt with truth and the shield of faith to defend
Not forgetting prayer and supplication without end

The sword of the spirit is our method of attack
It's the word of God which knocks the devil back
The weapons of our warfare are not carnal you see
But through God they are mighty

Casting down imaginations and every high thing
Into captivity every thought will bring
Be strong in the Lord and the power of His might
Cast off the works of darkness, put on the armour of light

That ye may be able to stand against the wiles of the devil
And be elevated to another spiritual level
But this is a battle we need faith to win
Trust in the Lord and be dead to sin
Stand fast in the liberty wherewith Christ has made us free
And be certain that in Him we have the victory.



A testimony by Grandma Naomi



I am so thankful to be in this church, and to know what the Lord has done for me.

I remember when I was admitted into hospital, it was about 1968. The priest was called to pray over me (there was no hope), and they preached a death ceremony over me and gave me one week to live.

My girls were dressed in identical black and white dresses and stood at the foot of my bed. I recall raising my head and looking at them. I told my girls, "I'm not going anywhere!" The Lord brought me strength, I began to recover and the doctor said it was a miracle.

I got well enough to go home, but they told me I would never walk again, but here I am today, by the grace of Almighty God, and I am grateful to be loved by Him. He gives me strength daily, and although at times I feel weak, I call on His Holy Name Hallelujah! And I am healed in the name of Jesus.

Amen!

The alarm sounds and immediately the hand reaches out to silence its noise.

What a jar! You don't want to get up out of your sweet sleep, warm sheets and tightly shut lids to do anything, let alone face the day and it's oh so unrelenting ability to challenge you once again, with... personality disorders; (or should that just be differences of personality...?) confrontation with family, finances and fraudulence... **fraudulence???** I mean, correcting the error I made with Housing Benefit! (How was I supposed to know I should have told them I've started work... 2 months ago?) **How much arrears am I in now...?**

Somehow the sheets unveil a freezing cold body and you find yourself in the bathroom...

"I should pray first you know... but what time is it now? I'm gonna be late" **Random thoughts flood the mind.** "What's there to eat? I'm hungry... God knows anyway; I don't even want to go to this interview!"

Your day begins...

WAKE UP!

by Sister Sanchia



So often, (too often in fact) does a day look and sound like this, but why?

The bible tells us in [Hosea 4:6](#) that my people are destroyed for lack of knowledge. Such knowledge in this instance as...

[Pro 6:9](#) How long wilt thou sleep, O sluggard? when wilt thou arise out of thy sleep?

[Pro 6:10](#) Yet a little sleep, a little slumber, a little folding of the hands to sleep:

[Pro 6:11](#) So shall thy poverty come as one that travelleth, and thy want as an armed man. [see also Pro 24:33](#)

[Eph 5:15](#) See then that ye walk circumspectly, not as fools, but as wise,

[Eph 5:16](#) Redeeming the time, because the days are evil.

[Pro 12:24](#) The hand of the diligent shall bear rule: but the slothful shall be under tribute.



And when purpose is as far from your understanding as the sun is from seeing your latest hairdo, you might not be blamed for thinking “**what’s there to wake up for anyway???**” You know; sometimes, besides not knowing what our purpose is in life, **we’ve just got things a bit back to front.** If it means getting a *newer* hairdo, “I’ll go out; if I can show it off somewhere, I’ll even think about having something proper to eat...”

Where lies within us the soundness to oppose the confrontations and overcome the dilemmas that we land ourselves in?

The bible tells us that we have this treasure in earthen vessels: 2Cor.4:7 **We are the earthen vessels - clay being shaped by the potter** Isa.64:8; the branches Jn.15:5, engrafted unworthily onto the masters vine:

Rom.11:17-24. We could so easily be cut off, but we’ve not quite seen just yet, the **worthiness of God and the value of His business**, that affords us the privilege of living to His praise and by His grace. And here lies our purpose - that **we live to glorify Him.** Eph.1:6 - **To the glory of His grace!**

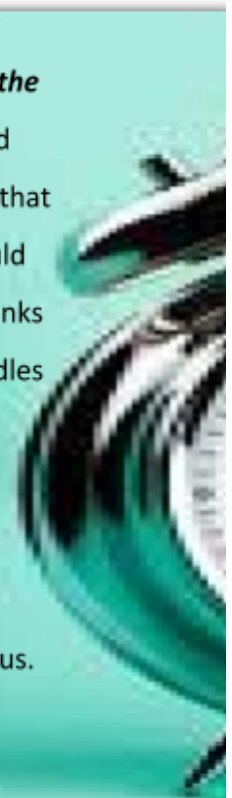
Grace - unmerited favour that has kept us, still hanging on, like autumn leaves on a blustery day; precariously dangling, fingertips gripping to the last twig.

Praise God we don’t survive on our own efforts, but He gives His angels charge over us Psa 91:11 If it were left to us, we’d have blown away long ago. And what’s even better still? Let’s say it once again, that **we don’t live this life by ourselves** Gal 3:20; Phil.4:13.

So how do I do this then, how do I live this life for Christ and what’s with all the stuff that just frustrates me and gets me down?

Relationships, finances, everyday fundamental things come to try us, prove us and perfect us.

We were each placed precisely where God knew we’d receive the whips of life, proclamations and agitations mouthed against us, that according to our response, would either make us or break us. Thanks be to God though, that the hurdles and obstacles, however deep, however cutting, could never prevail the unwavering hand of God to heal and repair us.



Dried up, chipped up, washed out and ready to be dashed,
yet somehow, through the pain of depression, the pangs of irritation
unconfessed convictions of past afflictions,
a mighty hand swoops to save the day.

No more anxieties about what he said or she says,
no more strife with the neighbours, families and friends.

Times past I'd have said, the world's coming to an end,
not knowing just how true this saying begins...

The reality of a never-ending
fighting within me

A brutish weaponry
of tormenting fears,

but now

Sadness, uncertainty
washed away by the tears
of one renewed in the mind,
not just once, not just twice

But eternally saving me, I'm clasped in His sight
My saviour, life giver, never foe, always friend,
here with me, teaching me
right to the end.



My purpose, my vision, my reason for living;
even when I don't feel Him, He's my fore veiling wind.

And again...

The just one, the holy one and the only one
who can

Forgive me, release me, by your saving hand.

Search me and try me, my reins I give in

To you I surrender, my fortress within

My Comforter, my refuge, my source of living

Holy Spirit, Father, Jesus...

You're Him!

What have we learned?

Time Management

Pro 12:27 The slothful *man* roasteth not that which he took in hunting: but the substance of a diligent man *is* precious.

Too often we start out all stirred up, we go for it, we get it, but then, not counting it precious (whatever it is – job, financial benefit, spiritual gain...) we too easily slack or relax and let go, not realising that such things are to be counted worthy of diligent upkeep, to ensure we get the most and the best out of it (lest it fall by the wayside and we reap nothing at all!)

Financial Management

Pro 18:9 He also that is slothful in his work is brother to him that is a great waster.

If we lack diligence in maintaining things, if we're just simply too lazy to even care, the likelihood is, that we also bear the characteristics (and consequences) of one that throws money down the drain.

Management of Self (Spiritual & Physically)

Pro 15:19 The way of the slothful *man* is as an hedge of thorns: but the way of the righteous *is* made plain.

Slothfulness leads to backlogs and one issue catching up with you after the next;

unnecessary troubles you could do without, whilst righteousness – looking well onto your (God's business) smooths your path and makes life so much more manageable.

Pro 19:24 A slothful *man* hideth his hand in *his* bosom, and will not so much as bring it to his mouth again.

We sometimes fall prey to laziness that often prevents us from looking well onto our own wellbeing. We'd rather be 'comfortable' than recognise that, one of the many tricks and traits of the flesh, is to keep us in a state of complacency, where we become 'blank' to the every day needs we ought to be diligent about.

The prevailing, unwavering love of God to heal you and make you His friend

Our every need, cares and concerns have actually already been dealt with through Jesus, who loves us and will never leave nor forsake us. Phil.4:19; Mt.6:25-33; 1 Pet.5:7; Heb.13:5

...Awake
?



For thy maker is thine husband: the Lord of hosts is his name...

Isaiah 54:5

By Evangelist Liz

As society changes, and the world holds less and less to the principles of God, many of the long-established frameworks of society break down. Currently we are in a time of witnessing growing numbers of people who were married, but are now on their own for various reasons.

If this is your situation, we hope to help by discussing some of the issues.

When one gets married, the vows imply a lifelong commitment to another individual. However, separation (temporarily/ permanently), divorce or bereavement can put new challenges before us. Nonetheless, our ever faithful God is able to keep us in the midst of such circumstances.

Marriage essentially, for those in Christ, is the physical manifestation of how God is committed to us, the church. [\(Ephesians 5:22-27\)](#)

However, relationships do have their struggles and in actual fact, both parties must desire to remain in that relationship (also a covenant with God) for it to have longevity. When one person in the marriage, or indeed both parties do not want to continue in that relationship, and means of mediation did not work, then separation or a divorce is sought as a final solution. Subsequently, there are costs incurred for such solutions.

Separation, Divorce and the costs...

Separations and Divorces have costs; and not least spiritual and emotional ones. It sometimes seems the only answer. But it's not all about dividing assets and gaining custody of the children.

Divorce Aid, CAFCASS (Children and Family Court Advisory Support Service), friends and family can help with physical and emotional issues. But spiritually you may need support also.

In addition, if you had children in your marriage, then the consequences of separation or divorce can be more complex and far reaching.

[...all thy children shall be taught of the LORD; and great shall be the peace of thy children. \(Isaiah 54:13\)](#)

God is faithful, He will never give us more than we can bear. [\(1 Cor. 10:13\)](#) Whatever, your circumstances look like, the Lord can help. He is a very present help in trouble. [\(Psalm 46:1\)](#)

When Separation and divorce cause single parenting

Statistically, mothers are the primary caregivers in single parent family homes. However, in some instances the child(ren) are cared for by the father, and he is the primary caregiver.

Some of the challenges faced in the home

Reduced income and the struggle in day-to-day care for the children. Trust God, He will supply, if you need help speak to your pastor. Also speak to a local authority and Department of Work and Pensions about benefits or financial help you may be entitled to.

Loneliness can be an issue. God will never leave you, nor forsake you. **Be strong and of a good courage, fear not, nor be afraid of them: for the LORD thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee.'** **Deut 31:6.** God is always with you. If you feel you need to speak to someone, don't suffer in silence, speak to your pastor, a member of the ministry or a leader.

The Bible tells us: **When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee. Isaiah c43:2** However challenging or painful your situation appears, God is there with you and he will keep you, you are able to bear it through Him. **(Philippians. 4:13)**

Discipline in the home should be done according to Bible. Take a rod and staff mentality to discipline, because discipline keeps children safe and allows them to grow healthy and wisely, in preparation for adulthood. Those whom God loves he chastens. **(Proverbs 3:12, Proverbs 23: 13-14)** The staff is the comforting and compassionate side of bringing up your children.

Involving fathers in the children's discipline may or may not be possible. But if your relationship is at least amicable then involve fathers as much as possible.

For some mothers, you may have a dual role for the most part, as estranged spouses may in some situations make matters more complicated, particularly if their relationship with you is strained. Therefore, pray and fast, increase your home's understanding of God. God will lead you. It may also help to find others in church to support your children with their education, bible studies, etc.

Strive to keep the love of God in your heart. Don't allow situations to cause you to become bitter, but rather better, as bitterness is a heavy burden to carry. This is an opportunity to increase and trust in God. He will reward you for it, and He will never give you more than you can bear. (1 Corinthians 10:13)

Hagar was the first single parent

Hagar's spiritual situation will be quite different to your own most probably, however her situation of having to fend for herself and child alone may bear similarities to issues you face. **(Genesis 21:14-20)**

In Hagar's story **verses 15-19 of Genesis 21** tells us an important message.

[15] And the water was spent in the bottle, and she cast the child under one of the shrubs.

[16] And she went, and sat her down over against him a good way off, as it were a bowshot: for she said, **Let me not see the death of the child. And she sat over against him, and lift up her voice, and wept.**

[17] And God heard the voice of the lad; and the angel of God called Hagar out of heaven, and said unto her, What aileth thee, Hagar? fear not; for God hath heard the voice of the lad where he is.

[18] Arise, lift up the lad, and hold him in thine hand; for I will make him a great nation.

[19] And God opened her eyes, and she saw a well of water; and she went, and filled the bottle with water, and gave the lad drink.

The message in this passage is that God saw Hagar's situation and God moved for her and for her child.

God is with you as long as you lean on him. Here are some scriptures to encourage you

God is your provider... Genesis 22:8

A father of the fatherless... Psalm 68:5

...The Lord is my helper, and I will not fear what man shall do unto me. Hebrews 13:6

God is your peace... 1 Thessalonians 5:23

God is your future... Deuteronomy 4:40, Jeremiah 29:11

Thou shalt keep therefore his statutes, and his commandments, which I command thee this day, that it may go well with thee, and with thy children after thee, and that thou mayest prolong thy days upon the earth, which the LORD thy God giveth thee, for ever. Deuteronomy 4:40

For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end. Jeremiah 29:11

Action plan

Here are some helpful and needful things to do, for you and your home:

Keep in prayer-Devotional time with the Lord will deepen your relationship with Him and your trust in His ability to keep you and your family.

Encourage spiritual activity in your home wisely- Except the LORD build the house, they labour in vain that build it: except the LORD keep the city, the watchman waketh but in vain. Psalm 127:1

Always be thankful- Thankfulness reminds us that we should be content in our circumstances, and that Christ owes us nothing. It will give you the right attitude toward life. (Ephesians 5:20)

Reassure your children of Gods' love and your love for them.

Get support- speak to your pastor for spiritual guidance.

Be wiser with finances and time for all members of the family including you. Make time for your children, to train them up to be a Godly seed and so that they know you are there for them.

Don't feel like a failure, bless God in your situation. Philippians 4:13 says: I can do all things through Christ which strengtheneth me

Don't look to blame- If there were things you could have improved on, learn from them, bless, and do not curse anyone.

Continue to serve the Lord with diligence, in your roles in church, whether in attendance to church, or if you are a leader, or in a department. Speak to someone if you feel you need support in these areas.

When bereavement causes single parenting

Being a single parent because you are bereaved, is a unique situation. However, you may find that some of the above information is applicable for you. However, involvement from the other parent is not possible and therefore your parenting takes on a different nature to that of others, where both parents can be involved with the child.

Your life will be fulfilling in Christ as you understand that, whatever situation we find ourselves in we learn to be content. (Philippians 4:11)

In the Bible, widows like Anna gave themselves to serving the Lord, and Anna was used to confirm the salvation of God. Luke 2:36-37

If you have lost your spouse and have become a single parent, you may need support. The church will support you by the grace of God in prayer, fasting and wherever else possible.

God bless you, S.H.E. Women's Ministry at Vessels of Treasure Fellowship

Women's Ministry

On Sunday 19th June 2016, the Women's Ministry Service themed 'Word and Prayer' was held. We were blessed with songs, scripture readings, and testimonies.

Message:

Word and Prayer by Evangelist Liz
(Available from MMC)



The Women's Ministry Team read
Proverbs Chapter 31



Grandma Naomi blesses us with a song



On 20th May 2012, Evangelist Liz preached a message entitled "Be Still" in which she spoke of how important it is for us, as women of God, to ensure we have times of stillness in our lives - times to pause and reflect on the goodness of God.

Life can be very hectic. It can seem as if there are just so many things to do, to the extent that it can seem extremely challenging to find opportunities to have times of stillness before God. But it is essential that we create opportunities where we can spend quality time just being still and pondering on God. If we don't - we lose something.

Just as certain vitamins and nutrients are essential to our physical wellbeing, times of stillness with God are essential for our spiritual wellbeing.

Despite the fact that we are busy women of God, it is our responsibility to find the time to be still before God. There is time in our day, there is an opportunity for us to find time to be still before God, we just need to be diligent about it. God would not have told us to do something, if time would not permit us to do that thing.

It is up to us to redeem the time, so that we are able to implement those crucial times of stillness into our lives. It is important to realise that there is only one place that true stillness can be found - and that is in Jesus Christ. Jesus is our Creator, our Maker, the One who keeps and preserves us. For our stillness to be of any value to us, it should be for the purpose of reflecting on the One who has kept us.

The word stillness apparently originates from an Indo-European word which means to stay put, and in the dictionary the word stillness is described as 'silence', 'no motion' 'quietness', 'peace'

Stillness is a time to reflect on what God has done for you, a time for deep thought and reflection. It can also be about stillness in anticipation of something. It is times of stillness that drive us to action.

When we have times of stillness before God, it is an opportunity for us to acknowledge that God is God in everyday life. It is a time to spend time with your God, reverence Him and hear His still, small voice. When you are still and allow God to speak to you, it can change your day. It can touch your heart, it can remind you of the whole emphasis of your being.

There are certain characteristics which show whether we are someone who spends time in stillness with God. When stillness is found in a woman of God, you are likely to see certain characteristics in her. Abigail, for example, was a woman of God whose character showed that she spent time in stillness with God.

The story of Mary and Martha ([Luke 10:38-42](#)) also shows us about the difference between being one who is still before God and one who is not.

When one is still, poised and focused on God, the opportunities are endless. God will use you to do things you could never imagine yourself doing. Creating stillness in your mind is also a protection against the enemy.

If we don't spend time in stillness, we can miss God's instructions, encouragement and wisdom for us. In [1 Kings 19:12](#) we can read about the still small voice of God.

My encouragement to women particularly is that when dealing with Jesus, let your approach to Jesus be borne out of stillness, let it be borne out of a spiritual mind frame, let it be borne out of a heart of worship, a heart of praise, the fruit of the spirit, and not works.

God bless you.



On Saturday 8th October SHE Women's Ministry held a first time parent and baby First Aid session. Topics covered on the day were:

Baby First Aid Teaching Session

Post Natal Depression

General information regarding pregnancy

Breastfeeding

Different modes of delivery (including common complications)



Sister Daddy gives a First Aid demonstration



Sister Tamika speaks about Postnatal Depression



Sister Eslene talks about the benefits of breastfeeding

Women's Health-by Sister Abe

Did you know?...

We can avoid menopausal symptoms...by what we eat!

God gave us herbs to eat, fruit and vegetables, every natural medicine we need, through our diet. This is why it is good to try and eat as close to 'Adam and Eve' as we possibly can.

*And God said, Let the earth bring forth grass,
the herb yielding seed, and the fruit tree yielding fruit after his kind,
whose seed is in itself, upon the earth:
and it was so.*

Genesis 1:11

See also: **Genesis 1:29, 9:3**

Some women rarely experience hot flushes at all, namely Asian women in China and Japan because their traditional diet is rich in soy foods, especially tofu. Soy contains plant oestrogens, which have properties similar to human oestrogen.

This is because besides providing more vegetable protein and less animal protein than a Western diet, it's also low in fat and high in soy products such as tofu.

These foods are rich in plant compounds known as phytoestrogens (a substance found in certain plants, which seem to mimic some of the biological activities of female hormones, when ingested into the body).

Even if you don't like tofu you can follow some of the tips of other foods to eat, and lifestyle tips to help avoid symptoms. In addition to Soy and Tofu products...

Foods to Eat:

Calcium-rich foods

Magnesium-rich foods

Foods rich in Vitamin E

Green leafy vegetables (e.g. Kale, Collard greens, Turnip greens, Swiss Chard, Spinach, Cabbage, Red & Green Leaf Romaine Lettuce, Broccoli)

Nuts and almonds

Mineral & fibre-rich foods (e.g. whole grains & fresh vegetables)

Sea Vegetables (e.g. Dulse, Sea Palm, Kombu, Nori)

Foods to avoid:

Alcohol; Caffeine; Excess Sugar; Dairy products; Meat products; Spicy Food

These rank among the top aggravators of severe hot flushes, as well as mood swings.

Lifestyle changes also help play a part. Getting regular exercise, drinking plenty of water and fresh vegetable juices.

Wear and Tear- by Sister Abe

‘Wear’ would we be without the Lord keeping us, and maintaining our bodies; that naturally have wear and tear, such as the cartilage in our knee joints.

As believers in the power of God, we put things like Osteoarthritis in prayer to the Lord, for He designed us, including how the body degenerates over time. Osteoarthritis is the degeneration of joint cartilage and the underlying bone, most common from middle age onward. It causes pain and stiffness, especially in the hip, knee and thumb joints.

To work alongside prayer, you could also try a fairly new product called **Flexiseq**, a gel that lubricates the joints from the outside in. Flexiseq is a gel containing very small particles but no drug. It is used for Osteoarthritis, particularly of the knee. So how does it work?...

***As the gel begins to dry, small particles (within the gel)
seek out water and move through the skin into the knee joint.***

***These particles then attach themselves to cartilage,
which helps to lubricate the joint,
reducing joint stiffness and helping with pain.***

Applied twice daily, once in the morning and then again in the evening to the soft tissues around the affected joint. The size to apply is according to the joint being treated. For the knee joint, 2.2g of gel is recommended (corresponding to a gel length of 7cm), see picture.



It is important to allow the treated area to dry out before covering (with clothing) or you may hinder the effect of the gel working. Wash hands after application.

***“Before using Flexiseq, my knees would be sore & painful and
would make crackling noises when I bent down to pick something up...***

Now I’ve almost forgotten there was a problem!

***I can carry on with walking and leisure activities,
which wouldn’t be the case without it.” Sis Abe***

Tithing

The word tithe means one tenth

What is Tithing

Tithing is giving to God one tenth of your entire gross income, benefits and gifts.

Tithing began through the faith of one man of God named Abraham, whom the Bible calls our father. ([Romans 4:16](#)) It was not started through the works of the law, but through his faith in God. The law simply took on what was established in faith. Because that faith still lives today, anyone who has faith should tithe.

Just as Abraham gave 10% of his increase to the Priest of the Most High (Genesis 14:20), Christians are expected to give 10% for the upkeep of priests or ministers of today who have dedicated their lives to full time ministry.

Tithing is commanded by God

God has promised us that the bringing in of tithes will bring increase. He challenges those who believe to try him out, so that he can open the windows of heaven, where blessings can pour out in abundance.

[Bring ye all the tithes into the storehouse, that there may be meat in mine house, and prove me now herewith, saith the Lord of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it. Malachi 3:10](#)

Tithing brings blessings upon your life

Malachi 3: 11,12 tells us further how tithing will benefit us: **...And I will rebuke the devourer for your sakes, and he shall not destroy the fruits of your ground; neither shall your vine cast her fruit before the time in the field, saith the LORD of hosts.**

Failure to tithe causes the church to suffer

When we tithe, we show that we care about the ministry and want to see it prosper.

A failure to tithe causes the house of God to become forsaken. Ministers are expected to give themselves completely to full time ministry - praying for the church and ministering for its needs. Without tithes, full time ministers would not be able to sustain themselves or their families, causing them and the church to suffer spiritually and physically. [Nehemiah 13:10-12](#)

Failure to tithe means we rob or steal from God

[Will a man rob God? Yet we have robbed me. But ye say, Wherein have we robbed thee? In tithes and offerings. Malachi 3:8](#)

How do I tithe

Tithes are to be given to your own church, where you fellowship, as it is for the work of that specific pastor or ministers that dedicate their time to your needs. If you are paid weekly, you should tithe 10% of your weekly income. If you are paid monthly, you should tithe 10% of your monthly income. Tithing is also applicable to benefits and gifts of money, a tenth of which should be given as tithes.

Messages available from the Multi-Media Centre

The Multi-Media Centre hosts an extensive range of messages which are guaranteed to enhance your spiritual growth and development in Christ. There are a variety of topics available, including:

The Man and Woman Series

Singles Seminar (Proper Gift)

Who Am I?

Song of Solomon Series

Proverbs Series

Ecclesiastes Series

Revelation Series

Previous Women's Ministry Services

and much more...

Messages are available to you free of charge via a USB key; or can be downloaded to your Dropbox App. Please speak to a member of the MMC team to make your request.



Here is a selection of some of the recent messages preached by Evangelist Liz Akinpelu over the past year. If you would like to receive a recording of any of these please speak to a member of the MMC team.

GET READY (THE LORD RETURNING) 2 Peter 3

Christ is coming back for us – no one knows the day nor the hour. Are you prepared and ready to meet Jesus?

SHUT THE MOUTH OF THE LION Daniel 6

Daniel refused to bow to king Nebuchadnezzar, despite being thrown into the lion's den. He faithfully believed that his God would save him...and even if he didn't he still would not bow to any other god.

SELF JUSTIFICATION Proverbs 21:2

Every way of a man is right in his own eyes: but the Lord pondereth the hearts.

THE PHARISEE AND THE PUBLICAN Luke 18:9-14

A detailed look at two men's different approaches to prayer and their relationship with God.

DO NOT BE WEARY IN WELL DOING Galatians 6:1-10

When we are chastened by the Lord do we consider that we are in a place where he still counts us as one of his? *Whom he loves he chastens...*

WORD AND PRAYER

Two essential components that must be continuously active in every Christian's life.

WILLINGLY IGNORANT 2 Peter 3

...there shall come in the last days scoffers, walking after their own lusts, and saying, Where is the promise of his coming? An encouragement for us not to become complacent in our service to God.



Jesus

Poem by Sister Hannah

What manner of man is Jesus that even the winds
and seas do obey?

Heaven and earth shall pass on, but His living
word, it will remain

He is the One to cling to when heavy burdened
and in pain

His lovingkindness crowns us, and in Him we are
kept safe

He is our comforter, the Master, the Lion and the
Lamb

And has so lovingly engraved us upon the palms
of His hands

Glorious in holiness...Lord who is like unto thee?

Fearful in praises, doing wonders so mightily

The Lord of hosts, a Man of war...Jesus is His
name

In times of sorrow, and of doubt, His word we
will proclaim

Precious salvation found in Christ alone, by Jesus'
name we must be saved

Forgiven and reconciled to God, by the sacrifice
He made

Quiz

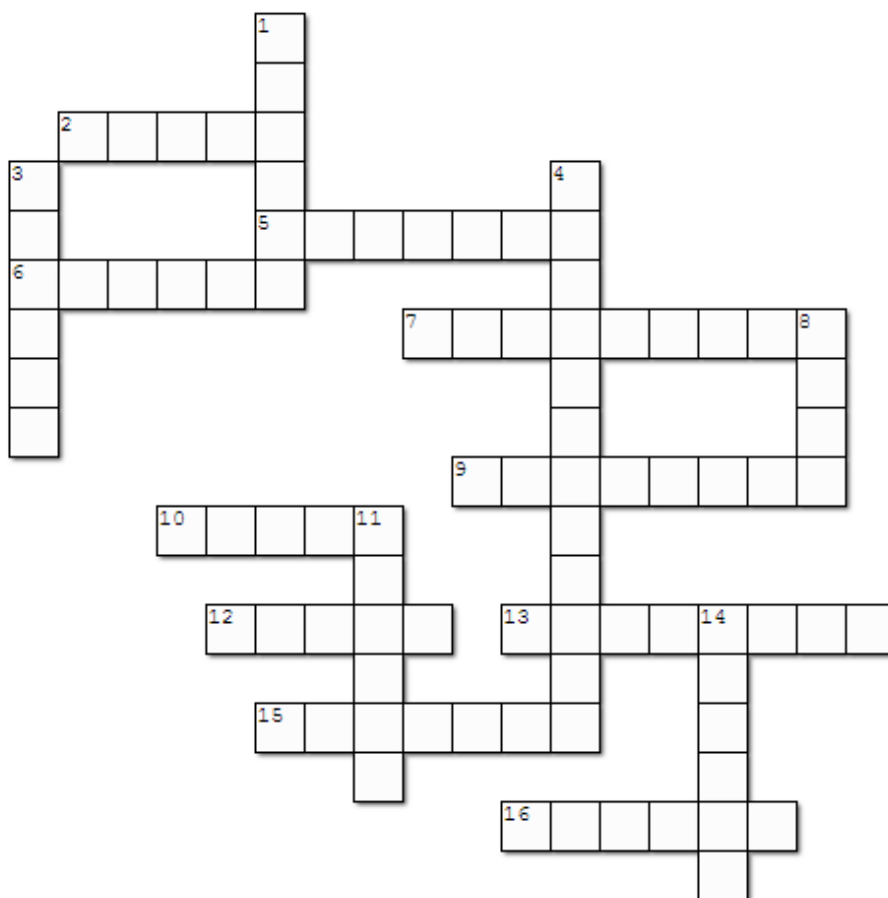


Questions	Write your answers below:
1. Who was the Mother of King Josiah?	
2. Who is the first Queen mentioned in the Bible?	
3. What was the name of Rebekah's nurse?	
4. What was Lydia a seller of?	
5. Which two sons did Bilhah (Rachel's handmaid) give birth to?	
6. What is the name of the woman who Paul described as having "laboured much in the Lord?"	
7. What are the names of the two midwives mentioned in Genesis Chapter 1?	
8. Who was described as being "full of good works and almsdeeds"?	
9. In which Gospel is Anna the Prophetess mentioned?	
10. Who are the two women mentioned by name in Hebrews Chapter 11?	

Answers on page 39



Crossword



Across

- 2. A virtuous woman is a _____ to her husband...
- 5. Ethiopian Queen
- 6. helped to anoint the body of Jesus
- 7. Favour is _____ and beauty is vain...
- 9. A _____ woman retaineth honour...
- 10. Wife of Hosea
- 12. servant of the church at Cenchrea
- 13. Every wise woman _____ her house
- 15. Wife of Joseph (Old Testament)
- 16. daughter of Caleb

Down

- 1. Timothy's Mother
- 3. Say unto _____ Thou art my sister...
- 4. Job's third daughter
- 8. Timothy's Grandmother
- 11. Who can find a virtuous woman? for her price is far above _____
- 14. Also known as Tabitha

Answers on page 39

Wordsearch

Prayers and Songs of the Bible

D	E	V	D	S	P	R	G	T	T	I	R	I	P	S	Y	C	R	E	M
P	B	F	E	N	S	H	N	M	N	I	H	E	A	V	E	N	S	V	X
W	E	Z	L	I	A	R	I	C	H	D	A	N	C	E	S	O	T	W	E
V	N	E	I	A	L	Y	G	G	S	T	N	A	T	I	B	A	H	N	I
B	D	R	V	T	V	F	N	X	E	T	Y	E	I	V	N	I	T	F	B
S	E	E	E	N	A	I	E	W	A	N	C	N	L	P	O	S	B	D	N
T	G	G	R	U	T	N	V	F	X	N	E	D	G	Z	I	R	M	E	M
R	R	A	E	O	I	G	A	S	A	O	E	R	B	S	T	A	I	R	T
E	A	R	D	M	O	A	S	R	N	L	B	E	A	L	A	E	G	E	G
N	L	D	M	W	N	M	B	E	B	I	S	G	D	T	N	L	H	T	L
G	N	E	E	M	U	M	D	M	Y	B	E	D	E	P	I	H	T	T	D
T	E	D	L	O	E	I	E	R	L	Y	I	E	H	R	G	O	Y	A	E
H	H	K	T	M	A	R	I	B	S	L	R	L	G	I	A	S	N	C	H
S	M	T	E	M	T	G	L	R	U	G	A	W	I	N	M	N	S	S	P
S	A	R	D	H	H	E	A	G	O	N	S	O	E	C	I	L	Q	S	M
J	Q	N	R	T	S	L	R	L	I	I	R	N	W	E	R	O	O	P	U
V	A	O	E	S	L	H	H	O	R	L	E	K	F	S	D	O	X	X	I
H	W	O	E	I	G	S	S	R	O	L	V	L	I	A	V	E	R	P	R
N	U	D	P	O	L	D	K	Y	L	I	D	P	R	A	I	S	E	O	T
S	I	R	U	O	I	V	A	S	G	W	A	N	O	I	N	T	E	D	D

DANCES	GLORY	WILLINGLY	SAVIOUR	SALVATION
THROWN	ADVERSARIES	TREMBLED	GENERATIONS	MIGHTY
ISRAEL	SPIRIT	INHABITANTS	SCATTERED	RICH
HEAVENS	HANDMAIDEN	ENLARGED	GLORIOUSLY	PREVAIL
MELTED	MERCY	WEIGHED	AVENGING	MAGNIFY
RIGHTEOUS	REMEMBRANCE	POOR	PRINCES	REGARDED
KNOWLEDGE	TRIUMPHED	PILLARS	MOUNTAINS	BLESSED
STRENGTH	PRAISE	ANOINTED	DELIVERED	IMAGINATION

This wordsearch contains words related to songs and prayers of women in the Bible. Below are the scripture references for further study:

Miriam's Song -Exodus 15:20-21

Deborah's Song- Judges 5:1-31

Hannah's Prayer 1 Samuel 2:1-10

Mary's Prayer- Luke 1:46-55

Quiz Answers

1. Jedidah
2. The Queen of Sheba
3. Deborah
4. Purple
5. Dan and Naphtali
6. Persis
7. Shiphrah and Puah
8. Tabitha/Dorcas
9. Luke
10. Sara (Sarah) and Rahab

Crossword Answers

Across

2. Crown
5. Candace
6. Salome
7. deceitful
9. gracious
10. Gomer
12. Phebe
13. buildeth
15. Asenath
16. Achsah

Down

1. Eunice
3. wisdom
4. Karenhappuch
8. Lois
11. rubies
14. Dorcas

S.H.E Women's Ministry Team

Women's Ministry Leader: Evangelist Elizabeth Akinpelu

Women's Ministry Assistant Leader: Sanchia Cooper

Women's Ministry Secretary: Maureen Brathwaite

Women's Ministry Hospitality Co-ordinator: Abe Walton

Women's Ministry Events Co-ordinator: Deborah Amaning

Women's Ministry Officer: Daddy Nzembele

Women's Ministry Officer: Tamika Kelly

Sunday Main Service

10 am onwards

Tuesday prayer meeting

Last Tuesday of month

6 pm - 7 pm

Bible Teaching

7 pm - 8 pm

Wednesday mid-week service

Bible Study

6:30 pm - 8:30 pm

Friday youth service

Fellowship Night

6 pm - 8 pm

Vessels of Treasure Fellowship

Praise House

145-151 London Road (Entrance on Montague Road)

Croydon

CRo 2RG

Email: womensministry@vesselsoftreasure.org

Website: www.vesselsoftreasure.org

[07782 192 910/07904009555](tel:07782192910)

